



Vaishali Deshmukh

The Director Of Kaushalya Academy,

Has Developed Her Own Unique Approach To Learn And Study Different Methodologies For Students. With 15 Years Of Experience In The Education Field And Extensive Research On Education Systems In Various European And Asian Countries, She Has Created Seminars And Workshops That Incorporate Traditional Vedic Knowledge And Align It With New-age Science. These Initiatives Aim To Empower Students, Maximize Their Potential, And Enable Them To Achieve Personal Success.

One Such Seminar Is Called "vidyarambha," Which Focuses On The Following Objectives:

- 1) Enhancing Student Behavior And Addressing Various Aspects Of Student Life Using The Principles Of Ashtanga Yoga Philosophy.
- 2) Excelling in academics by integrating the Sanskaras (traditional values) of student life.
- 3) Emphasizing the importance of cultivating good habits and implementing them effectively.
- 4) Encouraging students to step out of their comfort zones and explore new possibilities.
- 5) Highlighting The Significance Of Self-discipline And Introducing Alternative Approaches To Self-study.
- 6) Involving parents in the process and fostering strong student-parent bonds, promoting an inclusive approach towards a better future.

These seminars and workshops not only delve into the roots of our cultural heritage but also incorporate the pinnacle of scientific knowledge, enabling students to understand their own potential. By combining these elements, students learn new techniques to become the best versions of them selves.

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